## **Understanding the Hospice Care Benefit**

Did you know Hospice care is <u>covered 100%</u> by Medicare? For your entire working life, you've paid towards Medicare. Get back what you put in! Learn what is 100% covered under the hospice benefit:

	Home Health	Hospice		
Medications*		9 9		
Medical Equipment**		9 9		
Physician		9 9		
Skilled Nursing	9 9	9 9		
Therapy	9 9	0 0		
Nurse Aide	9 9	0 0		
Social Worker Services	9 9	9 9		
Services to Nursing Facilities		0 0		
Respite Care***		0 0		

<sup>\*</sup> Medications related to the terminal condition

Let's face it, there's a major misconception of what people think of hospice- a place to go to die. This is far from the truth. Hospice care encompasses more services, provides more activities of daily life, and more clinical care than any other home care service. Don't fall into the trap of mis-categorizing hospice and fail to use the care you deserve. Learn the care you get under the hospice care benefit:

	Home Health	Hospice
Medical Director		İ
Skilled Nursing*	i	ii
Therapists*	ii	
Nurse Aide*	ŧ	iii
Social Worker	Ť	İ
Spiritual Coordinator		İ

<sup>\*</sup> For home health, patients will get skilled nursing and/or therapy care (PT,OT,ST) visits. Frequencies are based on the needs of the patient and should decrease the longer home health is provided. A nurse aide is more rare, but may be provided only if skilled nursing is involved and frequencies vary. For hospice, skilled nursing, aides, social workers, and spiritual coordinators are most always provided on a consistent and may be on a more frequent basis.

<sup>\*\*</sup> Medical Equipment examples include, but not limited to: hospital-grade bed, wheelchair, and walker

<sup>\*\*\*</sup> Respite Care may be used when a caregiver, usually a family member, needs a break from providing care to their loved ones. Care is then transferred to a facility that is able to provide the care the patient needs during this time. The hospice benefit pays for this care.

## **Example Care Month of the Hospice Benefit**

The number of visits you get during the hospice benefit exceeds many other home care services, and it's all paid for! Let's visualize how this could look in a given month:

1	2 Hospice Aide	3 Skílled Nursíng-RN	4 Hospice Aide	5 Skílled Nursíng-LVN	6 Hospice Aide	7 Social Worker
8 Spírítual Coordínator	9 Hospíce Aíde	10 Skilled Nursing-RN	11 Hospice Aide	12 Skilled Nursing-LVN	13 Hospice Aide	14
15	16 Hospice Aide	17 Skilled Nursing-RN	18 Hospice Aide	19 Skilled Nursing-LVN	20 Hospice Aide	21 Spíritual Coordinator
22 Social Worker	23 Hospice Aide	24 Skilled Nursing-RN	25 Hospice Aide	26 Skilled Nursing-LVN	27 Hospice Aide	28
29	30 Hospice Aide					

Surprising isn't it? You clearly see hospice aide visits are 3x/week- that is A LOT of mobilizing your loved one to get out of bed to a chair or shower (if tolerated)! Compare this to home health PT visit frequency, and you realize hospice may provide more touch-points and consistent physical activity. Skilled nursing is 2x/week, with half of this time from an RN. Social Workers and Spiritual Coordinators visit 1-2x/month. All these frequencies are normal, but easily may be adjusted by your request. Now that is a lot of hands-on care!

